



Test Content Outline — Therapeutic Shoe Fitter

The Therapeutic Shoe Fitter Exam Test Content Outline below is broken down by domain; each domain section indicates the percentage of emphasis that the elements of practice in that domain receives on the exams. For each Practice Domain listed on the Test Content Outline, you should plan on familiarizing yourself with clinical, technical or general practice information related to that domain.

Practice Domains

DOMAIN 1

Patient Assessment – 30%

- Review patient's prescription/referral
- Take patient history (e.g., previous orthotic treatment, medical history, physical limitations, activity levels)
- Perform a diagnosis-specific clinical examination (e.g., musculoskeletal, skin integrity, protective sensation)
- Refer patient, if appropriate, to other healthcare professionals (e.g., physician, certified orthotist, certified pedorthist) for intervention beyond the certified fitter of therapeutic shoes scope of practice
- Document assessment using established recordkeeping techniques

DOMAIN 2

Formulation of the Treatment Plan – 17%

- Evaluate assessment findings to determine a treatment plan
- Communicate to patient and/or caregiver about the recommended treatment and anticipated outcome(s)
- Identify appropriate shoe based on patient evaluation (e.g., last, closure, toe box, style)
- Identify appropriate insert based on patient evaluation (e.g., materials, coverings)

DOMAIN 3

Implementation of the Treatment Plan – 24%

- Communicate with patient and/or caregiver regarding potential risks/benefits, financial obligations and time involved in providing therapeutic shoes/inserts
- Select appropriate shoe based on patient assessment (e.g., last, closure, toe box, style)
- Select appropriate insert based on patient assessment (e.g., materials, coverings)
- Take appropriate measurements for therapeutic shoes/inserts
- Fit therapeutic shoes/inserts and assess fit/function
- Determine patient's ability to properly don/doff/fasten shoes
- Educate patient and/or caregiver about the use of/maintenance of the therapeutic shoes/inserts (e.g., wearing schedules, hygiene, foot inspection, manufacturer's warranty)
- Ensure that therapeutic shoes/inserts are delivered as prescribed
- Document treatment using established recordkeeping techniques

DOMAIN 4

Follow-up Treatment Plan – 13%

- Obtain feedback from patient and/or caregiver regarding comfort and satisfaction with the therapeutic shoes/inserts
- Re-assess fit/function of therapeutic shoes/inserts
- Assess tolerance, compliance with wear schedule, ability to don/doff/fasten shoes and proper use of therapeutic shoes/inserts
- Re-assess patient's skin integrity and protective sensation
- Make adjustments to therapeutic shoe/insert based on assessment of patient's current status
- Document follow-up using established recordkeeping techniques

DOMAIN 5

Practice Management – 16%

- Comply with all applicable federal, state and local laws and regulations (e.g., CMS, HIPAA, FDA, ADA, OSHA)
- Adhere to professional and ethical guidelines (e.g., *ABC Code of Professional Responsibility*)
- Comply with established documentation requirements related to billing and claims development
- Promote a safe and professional environment for patient care (e.g., universal precautions, ABC facility accreditation standards)