



Test Content Outline — Orthotic Fitter

The Orthotic Fitter Exam Test Content Outline below is broken down by domain; each domain section indicates the percentage of emphasis that the elements of practice in that domain receives on the exam. For each Practice Domain listed on the Test Content Outline, you should plan on familiarizing yourself with clinical, technical or general practice information related to that domain.

Practice Domains

DOMAIN 1

Patient Assessment – 29%

- Review patient's prescription/referral
- Take a patient history (e.g. previous device use, medical history, physical limitations, activity levels)
- Perform a clinical assessment based on prescription and diagnosis
- Communicate to patient and/or caregiver about the recommended treatment plan
- Consult with other healthcare professionals and caregivers about patient's condition
- Refer patient, if appropriate, to other healthcare professionals (e.g., orthotist, physician) for intervention beyond orthotic fitter scope of practice

DOMAIN 2

Formulation of the Treatment Plan – 17%

- Determine the appropriate device recommendation based on the prescription
- Formulate treatment goals and expected outcomes (e.g. reduce pain, provide support, increase function, prevent deformity)
- Consult with physician/referral source to modify, if necessary, the original prescription and/or treatment plan
- Identify material and device design to support anticipated outcome
- Develop a plan for patient needs, including patient education and follow-up (e.g. precautions, appropriate use, device hygiene)
- Inform patient or responsible parties of their financial responsibilities as they pertain to proposed treatment plan

DOMAIN 3

Implementation of the Treatment Plan – 26%

- Inform patient, family and/or caregivers regarding orthotic treatment plan, including procedure, time involved, and possible risks
- Select appropriate device required to implement treatment plan
- Take appropriate measurements and cross reference measurements to manufacturer's guidelines
- Consult manufacturer's device guidelines (e.g. recommended use, limitations, care, structural safety)
- Assess fit and function of device in sagittal, transverse, and coronal planes
- Ensure that device and components are fit and delivered as prescribed
- Instruct patient on manufacturer's warranty
- Educate patient and/or caregiver about the use of/maintenance of the orthosis (e.g., wearing schedules, donning/doffing, other instructions)
- Document treatment to verify delivery, use, care, and precautions

DOMAIN 4

Follow-up Treatment Plan – 14%

- Determine patient's compliance (e.g., wearing schedule, proper usage and function, patient satisfaction)
- Reassess patient's functional level, skin condition, general health
- Determine need for changes to device by assessing fit
- Adjust device based on assessment and inform patient and/or caregiver of changes
- Evaluate results of modifications
- Inspect device for signs of material fatigue or excessive wear that may lead to product failure

DOMAIN 5

Practice Management – 14%

- Consider requirements of federal compliance regulations for the delivery of device within the Orthotic Fitter Scope of Practice (e.g. Medicare, HIPPA, L-codes, documentation requirements)
- Consider requirements of state compliance regulations for the delivery of device within the Orthotic Fitter Scope of Practice (e.g. Medicaid, licensure)
- Utilize procedures for universal precautions and disposal of bio-hazardous materials