



TEST CONTENT OUTLINE

Pedorthist

The Pedorthic Exam Test Content Outline below is broken down by domain; each domain section indicates the percentage of emphasis that the elements of practice in that domain receives on the exams. For each Practice Domain listed on the Test Content Outline, you should plan on familiarizing yourself with clinical, technical or general practice information related to that domain.

Practice Domains

DOMAIN 1

Patient Assessment — 32%

- Review patient's prescription/referral in order to develop an appropriate diagnosis-specific assessment.
- Take a comprehensive patient history, including chief complaint, diagnosis, medical history (including allergies to materials), results of diagnostic evaluations, work history, vocational activities, demographics characteristics, family and/or caregiver dynamics, patient compliance, patient expectations.
- Assess patient's previous and current use of pedorthic devices and/or footwear and other devices (e.g. lower limb orthoses/prostheses) using systematic assessment procedures to determine current status and the efficacy of previous pedorthic intervention.
- Assess the patient's feet for deformities and pedal disorders by performing a biomechanical evaluation; and assessing range of motion, alignment, muscle functioning/strength, and gait to assist in the development of the pedorthic treatment plan.
- Evaluate the patient's skin integrity and temperature, level of protective sensation, and circulation to establish the patient's limitations for footwear.
- Consult with primary and other healthcare providers, and caregivers, when appropriate, about patient's condition in order to formulate a treatment plan.
- Verify patient care by documenting history, ongoing care, and follow-up, using established record-keeping techniques.
- Refer patient, if appropriate, to other healthcare providers for intervention beyond pedorthic scope of practice.

DOMAIN 2

Formulation of the Treatment Plan — 20%

- Evaluate the assessment findings to formulate a pedorthic treatment plan.
- Formulate treatment goals and expected pedorthic outcomes to prevent injury, reduce pain, increase comfort, provide stability, reduce risk of deformity, prevent disability, and promote healing to enhance function and independence.
- Develop an appropriate pedorthic treatment plan using assessment data, including the prescription and reimbursement status, to provide optimal patient care, including education and follow-up.
- Identify design, materials, and components to support treatment plan.
- Consult with physician/referral source/appropriately licensed healthcare provider to modify, if necessary, the original prescription and/or treatment plan.
- Communicate to patient and/or caregiver about the recommended treatment plan and any optional plans, including disclosure of potential risks/benefits in pedorthic care.
- Document treatment plan using established record-keeping techniques.
- Confirm that patient or responsible parties are informed of their financial responsibilities pertaining to the proposed treatment plan (for example, insurance verification/authorization, deductibles, co-pays).

DOMAIN 3

Implementation of the Treatment Plan — 24%

- Inform patient and/or caregiver of the pedorthic treatment plan potential risks, goals, and time involved in the procedure.
- Select the appropriate footwear and/or pedorthic device(s), and materials consistent with the patient's condition to maximize the effectiveness of pedorthic treatment.
- Refer to manufacturer's specifications and other technical resources regarding components/materials.
- Measure/fit shoes using assessment data to maximize the effectiveness of pedorthic treatment.
- Measure/fit prescription and non-prescription lower extremity compression garments and diabetic socks/hosiery using assessment data to maximize the effectiveness of pedorthic treatment.
- For custom-molded foot orthoses and/or partial foot prostheses, obtain a negative foot impression using appropriate casting or computer-assisted technology to facilitate fabrication of the device.
- For custom shoes, obtain a negative model of the patient's foot using appropriate casting or computer-assisted technology to facilitate fabrication.
- Document specifications/instructions for fabrication of device.
- Prepare and modify patient model/image for fabrication.
- Fabricate foot orthoses using assessment data to implement the pedorthic treatment plan.
- Fabricate partial foot prostheses using assessment data to implement the pedorthic treatment plan.
- Modify footwear, when required, to implement the pedorthic treatment plan.
- Assess device prior to patient fitting/delivery for structural safety and ensure that manufacturers' guidelines have been followed.
- Ensure that design was followed and materials and components are provided as specified in the treatment plan.
- Conduct trial fittings of a pedorthic device(s), making adjustments as needed, to ensure proper fit and function of devices.
- Provide the patient and/or caregiver with oral and written instructions on the proper use and care of pedorthic device(s).
- Document treatment using established record-keeping techniques to verify implementation of treatment plan.
- Refer patient and/or caregiver to other appropriate healthcare providers as needed.

DOMAIN 4

Follow-up to the Treatment Plan — 14%

- Obtain feedback from patient and/or caregiver to evaluate outcome (for example, proper usage and function, wear schedule/tolerance, ability to don and doff, comfort, perceived benefits, perceived detriments, overall patient satisfaction).
- Assess and document patient's function, outcomes of pedorthic device(s), and achievement of treatment goals.
- Assess patient's skin condition (for example, integrity, sensation, color, temperature, and volume) and document any changes.
- Assess fit of pedorthic device(s) with regard to anatomical relationships (for example, trimlines, strategic contact, static/dynamic assessment) to determine need for changes relative to initial treatment goals.
- Make or supervise modifications to pedorthic device(s) (for example, relieve pressure, change alignment, and/or components) and inform patient and/or caregiver of modifications.
- Evaluate results of modifications and assess modified device(s) for structural integrity.
- Reassess patient's and/or caregiver's knowledge of goals and objectives to ensure proper use of pedorthic device(s) relative to modifications.
- Document all findings and pedorthic interventions and communicate, as necessary, with physicians, referral sources, and other healthcare providers to ensure patient status is updated.
- Develop a long-term follow-up plan.

DOMAIN 5

Practice Management — 10%

- Comply with standard precaution procedures, occupational safety and health rules, and disability accommodation guidelines to protect patients and employees.
- Plan, implement, evaluate, document policies and procedures in compliance with all applicable federal and state laws and regulations and professional and ethical guidelines (for example, CMS, HIPPA, FDA, ADA, OSHA, ABC Code of Professional Responsibility).
- Develop, document, and implement personnel policies and procedures (for example, benefits, training, staff recognition, regular performance evaluations).
- Maintain adequate inventory, equipment, and supplies to provide pedorthic services in a professional and timely manner.
- Develop, document, and implement a quality assurance plan in order to identify and address deficiencies in current operations and improve overall pedorthic care by reviewing outcomes and addressing complaints from patients, payment sources, and/or referral
- Develop, document, and implement procedures for patient care that comply with current medical and legal requirements.
- Develop and implement procedures for comprehensive documentation of patient care.
- Operate the pedorthic practice in accordance with sound business principles and governmental requirements.