Ambassador Toolkit

POP Can Be Everywhere

Gen Z values authentic stories from people in the profession. Here are some ideas for where you can take your POP story.

High school opportunities

Reach out to high school teachers and organizations to see how you can connect with their students (e.g., speak at a career day, provide a class demonstration, or set up a mentorship program).

- Guidance counselors
- STEM classes/teachers
- Kinesiology or health teachers
- Science departments
- Science or math honors societies
- Robotics/engineering clubs

College gigs

See how you can bring POP to your local college. Here are some ideas:

- Reach out to student groups with relevant interest in science/healthcare
- Contact alumni associations from your alma mater
- Offer to speak at Health 101 classes
- Connect with the career center/services where they offer student resources or career advice
- Contact administrators in the college of social and behavioral sciences
- Get involved in community college events
- Speak at technical centers (some students participate in dual-enrollment programs)

Talking POP in the community

Don't limit yourself to schools and colleges. There are many places in the community where your POP knowledge and expertise could influence someone who is looking for career inspiration! Find out what opportunities are available at:

- Community centers
- Health fairs
- Youth centers/after-school programs
- Running stores or running groups/clubs
- Local rec sports leagues
- Local gym/fitness classes/wellness center

- Science centers/discovery museums
- Local library
- Community events: marathons, walks, fairs, carnivals, etc.
- Church/youth groups
- Children's day camps/summer camps